



SPAR Lancashire School Games

Stay at Home Heroes - Rugby

Challenge 1- Creativity. Individuals or Teams.

If you and your friends would like to 'pass the rugby ball creatively' on and send us your videos by **15th June (please note some areas will have their own deadline, contact your School Games Organiser for details)** we will feature the most creative efforts on our websites and social media in our Spar Lancashire School Games celebration day materials on 30th June!!

Simply pass a rugby ball out of the right of the screen and receive from the left of the screen and cut them together to make one sequence. If we are lucky enough to be back at school before then schools are obviously welcome to do their own passing sequences and record those. If you are able to do one on your own, or with family members, that is also fine. The more creative the better!!

We will pick the videos from each of; KS1, KS2, KS3, KS4 and combined age groups (these can include parents/teachers/coaches). Use the hashtags when posting on any social media; **#LancsGames20 and #RugbyChallenge and state your name, district and the school you are from.**

Send your videos via email, or on social media (Facebook, Twitter or Instagram) using your [School Games Organiser contact details](#) See the link for contact information.

By sending in your entries you are consenting to us using any videos and images. If this is not the case, please make that clear on your replies.



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Challenge 2- Skill. Individual- Prizes for furthest distance & most entries per school.

Challenge yourself, and your friends, to see who can 'pass the rugby ball accurately' into a wheelie-bin from the greatest distance.

Use a rugby ball (or any other ball that you have) and perform a regulation rugby pass (across your body), eg: Not an American Football overarm throw. See how far from the bin you can get and still get the ball to land in the bin. Measure your distance using a tape measure- borrow your parents and measure in metres and centimetres. Send your scores and ideally your videos by **15th June (please note some areas will have their own deadline, contact your School Games Organiser for details)** we will feature some of the efforts on our websites and social media in our Spar Lancashire School Games celebration day materials on 30th June!!

Video Demonstration

If we are lucky enough to be back at school before then schools are obviously welcome to do their own passing accuracy challenge in school, or do it yourself at home. Post your attempts on social media and see if your friends and fellow pupils can beat you and use the hash tag **#LancsGames20 and #RugbyChallenge and state your name, district and the school you are from.**

We will have categories from each of; Early Years, KS1, KS2, KS3, KS4 and adults- including parents and teacher groups.

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